

# HEALTHY CHOICES AREN'T HARD!

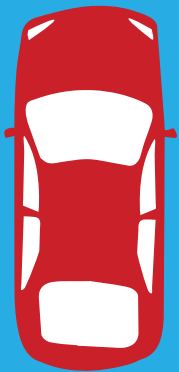
PARK FAR AWAY TO WALK A LITTLE MORE

50  
feet



300  
feet

2  
calories



10  
calories

Physical inactivity is a leading cause of obesity, heart attack, and stroke. Parking further away from your destination is a quick and easy way to add physical activity into your day

